

X	WaterTribe <u>Required</u> Equipment as of 2018 - WaterTribe Name _____
<input type="checkbox"/>	Coast Guard Approved Lifejacket (PFD) with PLB, Safety Knife, and Whistle – (Must Wear when on the water)
<input type="checkbox"/>	Coast Guard Approved Signaling Kit for day and night signaling
<input type="checkbox"/>	<p>Coast Guard Approved Navigation Lights -- According to the Coast Guard -- A vessel under oars (paddles) may exhibit the same lights as a sailing vessel, but if she does not, she shall have at hand an electric torch (flashlight) or lighted lantern which shall be exhibited in sufficient time to prevent a collision. This rule also applies to sailing vessels less than 7 meters (22.97 feet) in length.</p> <p>You must have at least one handheld flashlight close at hand while paddling at night. I also suggest reflective tape at several points on your hull and PFD, and a white light strapped to the back of your PFD or the back deck of your kayak.</p> <p>DO NOT use a strobe light for normal night paddling. But it is OK to have a strobe light on your PFD that is only turned on for emergencies.</p>
<input type="checkbox"/>	Reserve Flotation and/or Bulkheads and or Multiple Hulls
<input type="checkbox"/>	SPOT is required for <u>each boat</u> for all WaterTribe events. We suggest that you purchase your own SPOT and use it routinely.
<input type="checkbox"/>	An EPIRB/PLB attached to your lifejacket is required <u>for each participant</u> for all WaterTribe events. See first line in this list.
<input type="checkbox"/>	Submersible, Handheld, VHF Radio
<input type="checkbox"/>	Cell Phone (for the 24-hour reporting rule - You must call your shore contact at least once in every 24-hour period.)
<input type="checkbox"/>	Spare Paddle – at least one per boat, but one per person is suggested.
<input type="checkbox"/>	Bailer - If your bailer is electric, you must also have a manual bailer suitable for your boat
<input type="checkbox"/>	Self Rescue Device Suitable for Your Craft and the skill to use it. How will you get back into your boat after a capsized?
<input type="checkbox"/>	System for Boiling Water and Cooking: Suggestion – Jetboil is a minimalist, self-contained system.
<input type="checkbox"/>	Shelter System: Suggestions - Tent, camping hammock, or bivy bag with waterproof bottom and breathable top. A tarp may be included but does not, by itself, satisfy the requirement. Note that tents used on chickees must be free standing. Note that some boats may qualify as a shelter. A bivy bag by itself does not satisfy this requirement, it needs a tarp with it.
<input type="checkbox"/>	Sleep System: Suggestions - Self-inflating or closed cell pad or air mattress with sleeping bag or poncho liner, and dry clothing. The combination must be suitable for a range from 32°F Gale Force Wind/Rain to 90°F+ and bright sun or rain.
<input type="checkbox"/>	Hypothermia Emergency Survival Kit - Every challenge has someone flirting with hypothermia. Suggestion - See the article on making a hypothermia kit, but make sure your kit works for you.
<input type="checkbox"/>	Emergency Fire Starting Kit - These kits have been used in almost every challenge.
<input type="checkbox"/>	On The Water Clothing (ranging from 50°F water and 32°F Gale Force Wind/Rain to warm water, sun and air temps in the 90's) Note: A wet suit does not satisfy this requirement. Newer technology like SharkSkin or Lavacore and others can be used as part of your system.
<input type="checkbox"/>	Camp Clothes (ranging from 32°F Gale Force Wind/Rain to bright sun and air temps in the 90's) Note that camp clothes should be " <u>sacrosanct</u> " and <u>NEVER</u> used on the water.
<input type="checkbox"/>	Compass, Watch, and Charts for when your GPS fails
<input type="checkbox"/>	Boat and Equipment Repair Kit
<input type="checkbox"/>	First Aid Kit
<input type="checkbox"/>	Sprayskirt or Spraydeck -- Open and semi-decked canoes should consult chapter 7 of Cliff Jacobson's book, <u>Expedition Canoeing</u> .

Remember: YOU are responsible for your own safety. Having the proper equipment is a great starting point, but it does not guarantee your safety. Be prudent. Be aware. Be careful.

Inspected By WaterTribe Name: _____ Signed: _____

X	WaterTribe <u>Suggested</u> Equipment
<input type="checkbox"/>	GPS (very strongly suggested) - Note that challengers using this event as training for the Eco-Challenge or Raid or another multi-sport adventure race may decide not to use a GPS since most adventure races don't allow them. However, I suggest using the GPS in this challenge anyway but use it as a training tool for your dead reckoning by map and compass. The GPS will help make you a better navigator and boat pilot.
<input type="checkbox"/>	Strobe for your PFD - Do not use this strobe as part of your normal night time lights.
<input type="checkbox"/>	Food for the entire challenge duration
<input type="checkbox"/>	Water sufficient to get to the next checkpoint
<input type="checkbox"/>	Spare water in case you are weather bound for a few days
<input type="checkbox"/>	Street clothes and shower kit for the finish line
<input type="checkbox"/>	Rubber boat cradles and straps for transporting your boat on a rental car or friend's car.
<input type="checkbox"/>	Hat for sun protection
<input type="checkbox"/>	Hat for foul weather
<input type="checkbox"/>	Hat for sleeping
<input type="checkbox"/>	Paddling shoes that protect your feet and ankles
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Sunscreen, don't forget sunscreen for your lips
<input type="checkbox"/>	Bug repellent and perhaps a head net
<input type="checkbox"/>	Roll of quarters for pay phones when cell doesn't work - do we still have pay phones?
<input type="checkbox"/>	Some cash for emergencies
<input type="checkbox"/>	A credit card for emergencies
<input type="checkbox"/>	Off the shelf and prescription medications as necessary
<input type="checkbox"/>	Boat sponge
<input type="checkbox"/>	Sawyer Extractor added to your first aid kit - some say this is old school, I say I like old school.
<input type="checkbox"/>	Hands free headlamp AND a flashlight
<input type="checkbox"/>	IMPORTANT -- Other equipment and supplies that you deem necessary for safe and efficient coastal cruising in all kinds of weather and conditions on the water or land.