

X	WaterTribe <u>Required</u> Equipment as of 2019 - WaterTribe Name _____
<input type="checkbox"/>	Coast Guard Approved Lifejacket (PFD) with PLB, Safety Knife, and Whistle – (Must Wear when on the water)
<input type="checkbox"/>	Coast Guard Approved Signaling Kit for day and night signaling
<input type="checkbox"/>	Coast Guard Approved Navigation Lights -- According to the Coast Guard -- A vessel under oars (paddles) may exhibit the same lights as a sailing vessel, but if she does not, she shall have at hand an electric torch (flashlight) or lighted lantern which shall be exhibited in sufficient time to prevent a collision. This rule also applies to sailing vessels less than 7 meters (22.97 feet) in length. You must have at least one handheld flashlight close at hand while paddling at night. I also suggest reflective tape at several points on your hull and PFD, and a white light strapped to the back of your PFD or the back deck of your kayak. DO NOT use a strobe light for normal night paddling. But it is OK to have a strobe light on your PFD that is only turned on for emergencies.
<input type="checkbox"/>	Reserve Flotation and/or Bulkheads and or Multiple Hulls
<input type="checkbox"/>	SPOT is required for <u>each boat</u> for all WaterTribe events. We suggest that you purchase your own SPOT and use it routinely.
<input type="checkbox"/>	An EPIRB/PLB – 406 MHz Only No Substitutions. Must send signal directly to COSPAS/SARSAT satellite system. Must be attached to your lifejacket and is required <u>for each participant</u> for all WaterTribe events. See first line in this list.
<input type="checkbox"/>	Submersible, Handheld, VHF Radio
<input type="checkbox"/>	Cell Phone (for the 24-hour reporting rule - You must call your shore contact at least once in every 24-hour period.)
<input type="checkbox"/>	Spare Paddle – at least one per boat, but one per person is suggested.
<input type="checkbox"/>	Bailer - If your bailer is electric, you must also have a manual bailer suitable for your boat
<input type="checkbox"/>	Self Rescue Device Suitable for Your Craft and the skill to use it. How will you get back into your boat after a capsize?
<input type="checkbox"/>	System for Boiling Water and Cooking: Suggestion – Jetboil is a minimalist, self-contained system.
<input type="checkbox"/>	Shelter System: Suggestions - Tent, camping hammock, or bivy bag with waterproof bottom and breathable top. A tarp may be included but does not, by itself, satisfy the requirement. Note that tents used on chickees must be free standing. Note that some boats may qualify as a shelter. A bivy bag by itself does not satisfy this requirement, it needs a tarp with it.
<input type="checkbox"/>	Sleep System: Suggestions - Self-inflating or closed cell pad or air mattress with sleeping bag or poncho liner, and dry clothing. The combination must be suitable for a range from 32°F Gale Force Wind/Rain to 90°F+ and bright sun or rain.
<input type="checkbox"/>	Hypothermia Emergency Survival Kit - Every challenge has someone flirting with hypothermia. Suggestion - See the article on making a hypothermia kit, but make sure your kit works for you.
<input type="checkbox"/>	Emergency Fire Starting Kit - These kits have been used in almost every challenge.
<input type="checkbox"/>	On The Water Clothing (ranging from 50°F water and 32°F Gale Force Wind/Rain to warm water, sun and air temps in the 90's) Note: A wet suit does not satisfy this requirement. Newer technology like SharkSkin or Lavacore and others can be used as part of your system. You must dress for complete immersion while on the water. It might be a warm sunny day, but what is the water temp.
<input type="checkbox"/>	Camp Clothes (ranging from 32°F Gale Force Wind/Rain to bright sun and air temps in the 90's) Note that camp clothes should be "sacrosanct" and <u>NEVER</u> used on the water.
<input type="checkbox"/>	Compass, Watch, and Charts for when your GPS fails
<input type="checkbox"/>	Boat and Equipment Repair Kit
<input type="checkbox"/>	First Aid Kit
<input type="checkbox"/>	Sprayskirt or Spraydeck -- Open and semi-decked canoes should consult chapter 7 of Cliff Jacobson's book, <u>Expedition Canoeing</u> .

Remember: YOU are responsible for your own safety. Having the proper equipment is a great starting point, but it does not guarantee your safety. Be prudent. Be aware. Be careful.

Inspected By WaterTribe Name: _____ Signed: _____

X	WaterTribe <u>Suggested</u> Equipment
<input type="checkbox"/>	GPS (very strongly suggested) - Note that challengers using this event as training for the Eco-Challenge or Raid or another multi-sport adventure race may decide not to use a GPS since most adventure races don't allow them. However, I suggest using the GPS in this challenge anyway but use it as a training tool for your dead reckoning by map and compass. The GPS will help make you a better navigator and boat pilot.
<input type="checkbox"/>	Strobe for your PFD - Do not use this strobe as part of your normal night time lights.
<input type="checkbox"/>	Food for the entire challenge duration
<input type="checkbox"/>	Water sufficient to get to the next checkpoint
<input type="checkbox"/>	Spare water in case you are weather bound for a few days
<input type="checkbox"/>	Street clothes and shower kit for the finish line
<input type="checkbox"/>	Rubber boat cradles and straps for transporting your boat on a rental car or friend's car.
<input type="checkbox"/>	Hat for sun protection
<input type="checkbox"/>	Hat for foul weather
<input type="checkbox"/>	Hat for sleeping
<input type="checkbox"/>	Paddling shoes that protect your feet and ankles
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Sunscreen, don't forget sunscreen for your lips
<input type="checkbox"/>	Bug repellent and perhaps a head net
<input type="checkbox"/>	Roll of quarters for pay phones when cell doesn't work - do we still have pay phones?
<input type="checkbox"/>	Some cash for emergencies
<input type="checkbox"/>	A credit card for emergencies
<input type="checkbox"/>	Off the shelf and prescription medications as necessary
<input type="checkbox"/>	Boat sponge
<input type="checkbox"/>	Sawyer Extractor added to your first aid kit - some say this is old school, I say I like old school.
<input type="checkbox"/>	Hands free headlamp AND a flashlight
<input type="checkbox"/>	IMPORTANT -- Other equipment and supplies that you deem necessary for safe and efficient coastal cruising in all kinds of weather and conditions on the water or land.