

| | |
|--------------------------|--|
| X | WaterTribe <u>Required</u> Equipment as of 2017 - WaterTribe Name _____ |
| <input type="checkbox"/> | Coast Guard Approved Lifejacket (PFD) with PLB, Safety Knife, and Whistle – (Must Wear when on the water) |
| <input type="checkbox"/> | Coast Guard Approved Signaling Kit for day and night signaling |
| <input type="checkbox"/> | Coast Guard Approved Navigation Lights -- According to the Coast Guard -- A vessel under oars (paddles) may exhibit the same lights as a sailing vessel, but if she does not, she shall have at hand an electric torch (flashlight) or lighted lantern which shall be exhibited in sufficient time to prevent a collision. This rule also applies to sailing vessels less than 7 meters (22.97 feet) in length. You must have at least one handheld flashlight close at hand while paddling at night. I also suggest reflective tape at several points on your hull and PFD, and a white light strapped to the back of your PFD or the back deck of your kayak. DO NOT use a strobe light for normal night paddling. But it is OK to have a strobe light on your PFD that is only turned on for emergencies. |
| <input type="checkbox"/> | Reserve Flotation and/or Bulkheads and or Multiple Hulls |
| <input type="checkbox"/> | SPOT is required for <u>each boat</u> for all WaterTribe events. We suggest that you purchase your own SPOT and use it routinely. |
| <input type="checkbox"/> | An EPIRB/PLB attached to your lifejacket is required <u>for each participant</u> for all WaterTribe events. See first line in this list. |
| <input type="checkbox"/> | Submersible, Handheld, VHF Radio |
| <input type="checkbox"/> | Cell Phone (for the 24-hour reporting rule - You must call your shore contact at least once in every 24-hour period.) |
| <input type="checkbox"/> | Spare Paddle – at least one per boat, but one per person is suggested. |
| <input type="checkbox"/> | Bailer - If your bailer is electric, you must also have a manual bailer suitable for your boat |
| <input type="checkbox"/> | Self Rescue Device Suitable for Your Craft and the skill to use it. How will you get back into your boat after a capsized? |
| <input type="checkbox"/> | System for Boiling Water and Cooking: Suggestion – Jetboil is a minimalist, self-contained system. |
| <input type="checkbox"/> | Shelter System: Suggestions - Tent, camping hammock, or bivy bag with waterproof bottom and breathable top. A tarp may be included but does not, by itself, satisfy the requirement. Note that tents used on chickees must be free standing. Note that some boats may qualify as a shelter. A bivy bag by itself does not satisfy this requirement, it needs a tarp with it. |
| <input type="checkbox"/> | Sleep System: Suggestions - Self-inflating or closed cell pad or air mattress with sleeping bag or poncho liner, and dry clothing. The combination must be suitable for a range from 32°F Gale Force Wind/Rain to 90°F+ and bright sun or rain. |
| <input type="checkbox"/> | Hypothermia Emergency Survival Kit - Every challenge has someone flirting with hypothermia. Suggestion - See the article on making a hypothermia kit, but make sure your kit works for you. |
| <input type="checkbox"/> | Emergency Fire Starting Kit - These kits have been used in almost every challenge. |
| <input type="checkbox"/> | On The Water Clothing (ranging from 50°F water and 32°F Gale Force Wind/Rain to warm water, sun and air temps in the 90's) Note: A wet suit does not satisfy this requirement. Newer technology like SharkSkin or Lavacore and others can be used as part of your system. |
| <input type="checkbox"/> | Camp Clothes (ranging from 32°F Gale Force Wind/Rain to bright sun and air temps in the 90's) Note that camp clothes should be " sacrosanct " and NEVER used on the water. |
| <input type="checkbox"/> | Compass, Watch, and Charts for when your GPS fails |
| <input type="checkbox"/> | Boat and Equipment Repair Kit |
| <input type="checkbox"/> | First Aid Kit |
| <input type="checkbox"/> | Sprayskirt or Spraydeck -- Open and semi-decked canoes should consult chapter 7 of Cliff Jacobson's book, <u>Expedition Canoeing</u> . |

Remember: YOU are responsible for your own safety. Having the proper equipment is a great starting point, but it does not guarantee your safety. Be prudent. Be aware. Be careful.

Inspected By WaterTribe Name: _____ Signed: _____

| X | WaterTribe <u>Suggested</u> Equipment |
|--------------------------|---|
| <input type="checkbox"/> | GPS (very strongly suggested) - Note that challengers using this event as training for the Eco-Challenge or Raid or another multi-sport adventure race may decide not to use a GPS since most adventure races don't allow them. However, I suggest using the GPS in this challenge anyway but use it as a training tool for your dead reckoning by map and compass. The GPS will help make you a better navigator and boat pilot. |
| <input type="checkbox"/> | Strobe for your PFD - Do not use this strobe as part of your normal night time lights. |
| <input type="checkbox"/> | Food for the entire challenge duration |
| <input type="checkbox"/> | Water sufficient to get to the next checkpoint |
| <input type="checkbox"/> | Spare water in case you are weather bound for a few days |
| <input type="checkbox"/> | Street clothes and shower kit for the finish line |
| <input type="checkbox"/> | Rubber boat cradles and straps for transporting your boat on a rental car or friend's car. |
| <input type="checkbox"/> | Hat for sun protection |
| <input type="checkbox"/> | Hat for foul weather |
| <input type="checkbox"/> | Hat for sleeping |
| <input type="checkbox"/> | Paddling shoes that protect your feet and ankles |
| <input type="checkbox"/> | Sunglasses |
| <input type="checkbox"/> | Sunscreen, don't forget sunscreen for your lips |
| <input type="checkbox"/> | Bug repellent and perhaps a head net |
| <input type="checkbox"/> | Roll of quarters for pay phones when cell doesn't work - do we still have pay phones? |
| <input type="checkbox"/> | Some cash for emergencies |
| <input type="checkbox"/> | A credit card for emergencies |
| <input type="checkbox"/> | Off the shelf and prescription medications as necessary |
| <input type="checkbox"/> | Boat sponge |
| <input type="checkbox"/> | Sawyer Extractor added to your first aid kit - some say this is old school, I say I like old school. |
| <input type="checkbox"/> | Hands free headlamp AND a flashlight |
| <input type="checkbox"/> | IMPORTANT -- Other equipment and supplies that you deem necessary for safe and efficient coastal cruising in all kinds of weather and conditions on the water or land. |